

Informed Consent for the Invisalign® Patient

Generally, **EXCELLENT INVISALIGN® RESULTS** can only be achieved with informed and cooperative patients. Invisalign® treatment remains an elective procedure. It, like any other treatment of the body, has some inherent risks and limitations. These risks are seldom serious enough to contra-indicate Invisalign treatment, but should be considered when you decide to begin Invisalign® treatment. You are therefore urged to read the following information, ask any questions which come to mind, then consent to our treating you or your child by *initialing* after each statement and signing at the bottom of the form.

PATIENT COOPERATION

The total time required to complete treatment may exceed our estimate. Excessive bone growth, poor oral hygiene or poor cooperation in wearing the appliance 21 to 22 hours per day, broken appliances and missed appointments can lengthen the treatment time, increase treatment costs, and affect the quality of the end results.

(Initials)

POSSIBLE REIMPRESSION

Due to aligner lag (discrepancy between predicted tooth movement and actual tooth movement), a new impression may need to be taken mid-treatment or at the completion of treatment if the desired movement has not been achieved.

(Initials)

DENTAL DISEASE, DECALCIFICATION

Tooth decay, gum disease and permanent markings on teeth are fully preventable, but can occur if Invisalign® Patient's eat food containing excessive sugar and/or do not clean their teeth frequently and properly.

(Initials)

NON-VITAL TOOTH

An injured tooth can die over a period of time with or without Invisalign® treatment and it may not be obvious that a tooth was previously injured. This tooth may flare up during Invisalign® movements and may require root canal treatment. This occurrence is seldom due to Invisalign® and is more frequently related to a previous accident. Root canal treatment if the tooth should flare up before, during, or after Invisalign® treatment may be needed.

(Initials)

ROOT RESORPTION – SHORTENING OF THE ROOTS

This can occur with or without Invisalign® treatment. Under healthy conditions, the shortened roots usually are not a problem. In very rare cases, shortened roots can be a cause of loose teeth.

(Initials)

PERIODONTAL PROBLEMS

Swollen, inflamed and bleeding gums can usually be prevented by proper and regular flossing and brushing. Periodontal disease can become serious and cause the loss of teeth. Should the condition become uncontrollable, Invisalign® treatment may have to be discontinued short of completion. This would be rare, usually in adults with a pre-existing periodontal problem.

(Initials)

RELAPSE

Teeth have a tendency to partially rebound toward their original positions after treatment. Rotations and crowding of lower anterior teeth are most common examples. Teeth also tend to drift forward in the mouth over the years. **We advise wearing retainers every night for the first year, and most every night from then on to avoid these biological changes.** Usually a high percentage of the correction and good cosmetics can be maintained **when retainers are worn in this manner.**

(Initials)

SLENDERIZING AND RESHAPING TEETH

Teeth may require recontouring in order to create space between the teeth to allow tooth movement to occur.

(Initials)

ALLERGIC REACTIONS

Allergies to medicines and Invisalign® materials may occur during treatment. If you are aware of these allergies they can be avoided, but if they are unknown to you, it is impossible to predict any reaction.

People who are already allergic to certain foods are more prone to allergies to materials. Some allergies that we are aware of include latex (gloves and rubber bands) and metals (such as Nickel).

(Initials)

TEMPORO-MANDIBULAR JOINT DYSFUNCTION (TMJ)

Patients with malocclusions may have a high potential for TMJ (or temporo-mandibular) problems, which may become evident before, during or after Invisalign® treatment. These may include joint pain, ear pain, and/or headaches. Invisalign® treatment may help remove the dental causes of the TMJ Syndrome but not the non-dental causes. TMJ problems can be both painful and expensive to treat. We may need to refer you to a doctor who specializes in TMJ problems, and this would be a separate fee at that doctor’s office.

(Initials)

IF THE PATIENT IS STILL GROWING

Occasionally, unexpected or abnormal changes in the growth of the jaws or shape and size of the teeth may limit our ability to achieve the desired result. If growth becomes disproportionate, the bite may CHANGE, requiring additional treatment or, in some cases, oral surgery. Growth disharmony is a biological process beyond the doctor’s control.

(Initials)

COMPLIANCE

If the patient abandons treatment prior to the completion of their aligners, Dr. Adomian will not be held responsible and or liable for the remainder of the treatment.

(Initials)

TREATMENT OPTIONS -- COSMETIC RESULTS ONLY, TOOTH EXTRACTIONS, or ORAL SURGERY

Sometimes to obtain more than just cosmetic improvements, simple or even complex oral surgery could be necessary in conjunction with Invisalign® treatment, especially to correct severe jaw imbalances. We suggest that if you are considering this option, that you discuss risks with your oral surgeon before making your decision to proceed with the surgery. If you decline the option of “ideal treatment” we will explain as best we can the cosmetic improvements to the smile that are possible without surgery.

(Initials)

CLEAR BUTTONS and TOOTH COLORED ATTACHMENTS

If attachments or buttons are needed on the front teeth, they do show more than if we do not need them. These auxiliaries are commonly needed and we request your permission to use these when needed. There is a very slight risk that some of the tooth’s enamel may be removed inadvertently.

(Initials)

SPACES BETWEEN TEETH

Completion of Invisalign treatment, especially in adults, can result in slight spaces between some teeth called black triangles. This is especially true if teeth were extracted, or if the widths of individual teeth are inconsistent. Also, in some adults with very crowded teeth, the gum tissues do not fill in, so there appears to be a space between teeth due to missing gum tissue.

(Initials)

I have read, understood, and have had all my questions regarding the risks and limitations of Invisalign treatment answered, as I have indicated by my initials above. I further understand that one of the alternatives is no treatment.

Date _____
Patient Signature

Date _____
Office Staff Member